

APPD CONFERENCE

Four Lessons Learned Impacting Academic Practice Plans

May 4, 2019



ACCESS
A D V I S O R S

History of Access Advisors



1996

Andersen Healthcare Consulting KPMG Healthcare Consulting

- Front-end revenue cycle design focus
- Implementing within various cultures
- Gained project management experience



2002

Emory Healthcare - Atlanta, GA

- Created the patient access department within Emory that:
- Consolidated then Optimized Access Centers.
 - Consolidated then Optimized Capacity Mngmt.
 - Developed numerous access prioritization strategies across specialties to target growth.

MBA: Emory Goizueta School of Business



2012

Access Advisors, LLC

- Founded company to develop a proprietary *Patient Access Playbook™* and teach academic medical centers the science to transform patient access operations, increase revenue, and engage with and promote happy providers.

Client Partners



BRIGHAM AND
WOMEN'S HOSPITAL

Floating Hospital
for Children

at **Tufts** Medical
Center



Beth Israel Deaconess
Medical Center

HARVARD MEDICAL FACULTY PHYSICIANS



DukeMedicine

Tufts Medical
Center



Northeast Georgia Health System



Seattle Children's®
HOSPITAL • RESEARCH • FOUNDATION

M Northwestern
Medicine®



Dartmouth-Hitchcock



A teaching hospital of
Harvard Medical School



USF
HEALTH

ORLANDO HEALTH



ORTHOPEDIC
PHYSICIANS
ALASKA
OrthoAlaska LLC



Children's Hospital at
Dartmouth-Hitchcock



THE OHIO STATE
UNIVERSITY



Wake Forest™
Baptist Health

Maine Medical
PARTNERS



Nebraska™
Medicine

SERIOUS MEDICINE. EXTRAORDINARY CARE.®



MUSC Health
MEDICAL UNIVERSITY of SOUTH CAROLINA

Four Learned Lessons in Access

Topic

cFTE Expectation vs. the aFTE Reality

Giving Providers Reasons to Adopt & Adapt to Change

Management Model that Builds Internal Competencies

Evolving from Data Toward a Playbook



cFTE Expectations vs the aFTE Reality



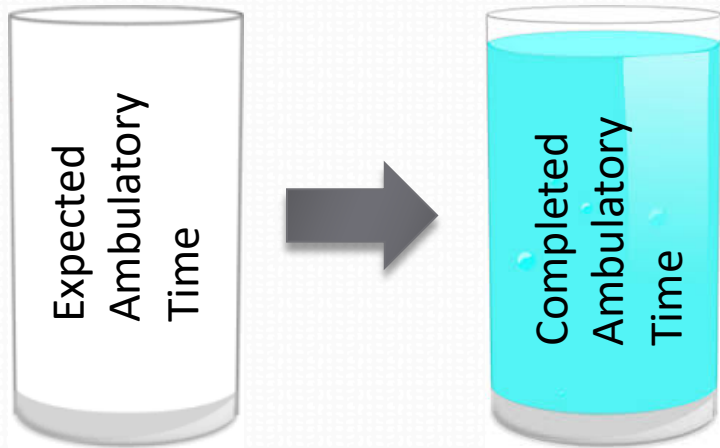
First Things First...

Changing the View: Access Optics

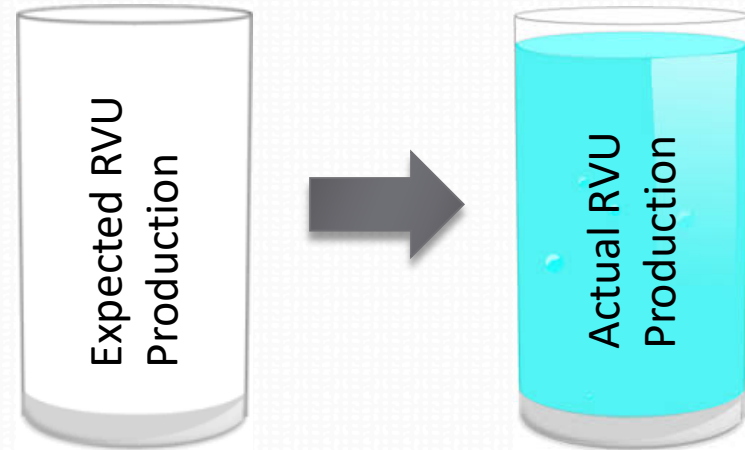
“RVUs can be the Enemy of Access”

Create provider expectations that assures patients’ access to providers
AND promotes provider productivity.

Patient Access to Providers

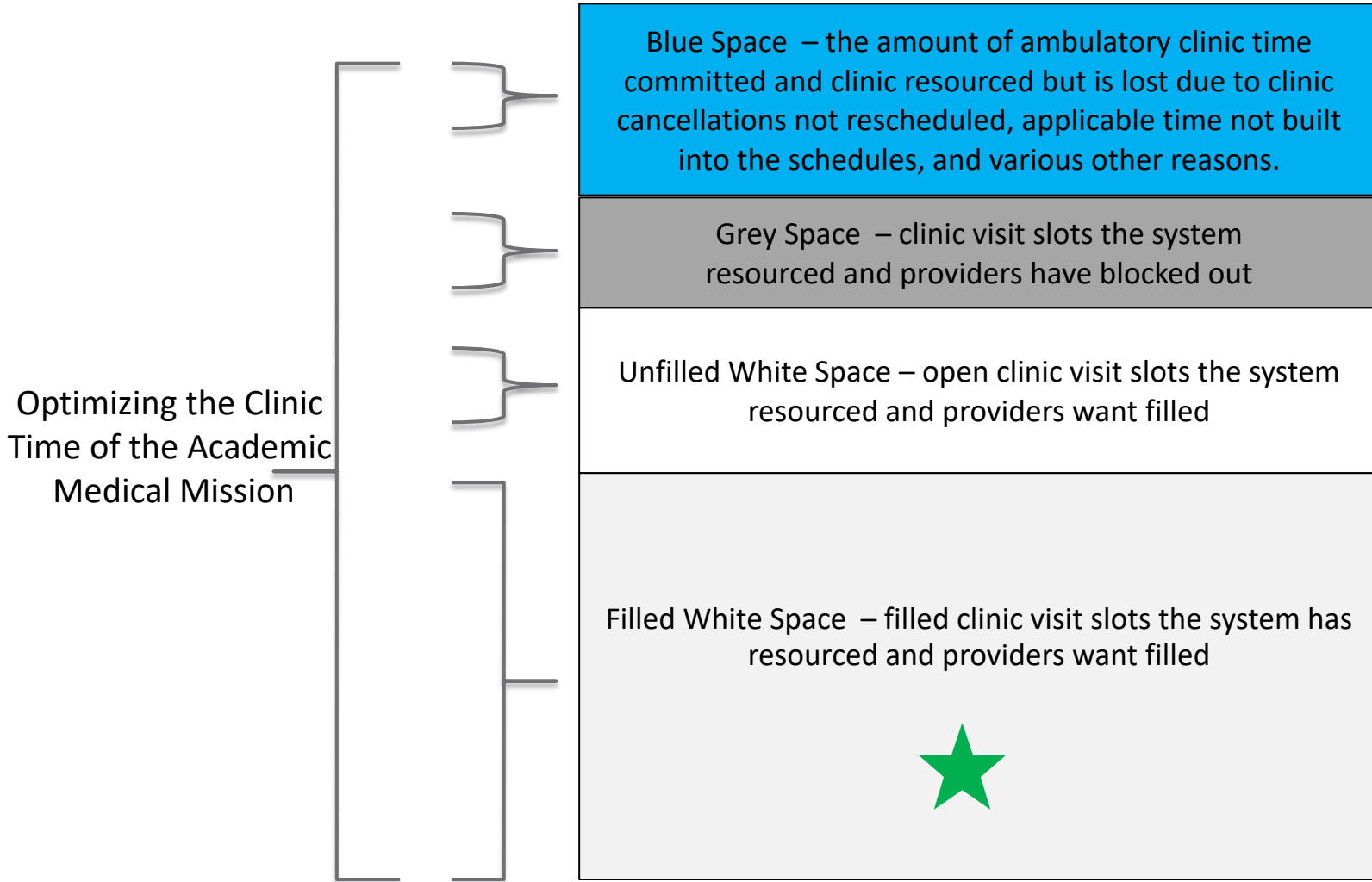


Provider Time Productivity



Supply of Provider Capacity

The following breakdown shows the various capacity opportunities that typically exist within provider's schedules.



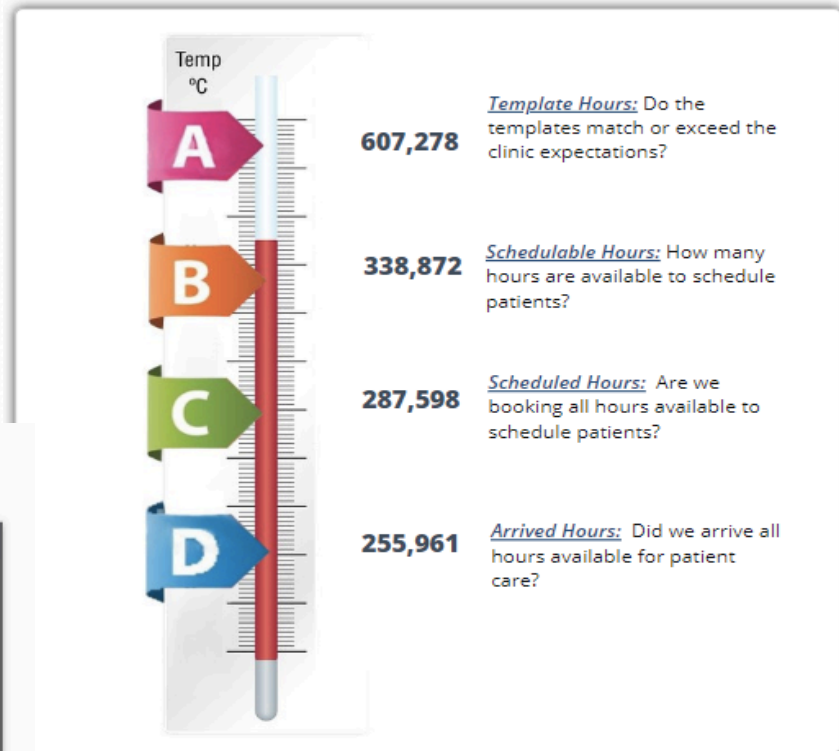
What is “aCFTE” and Why Is It Important?

- While cCFTE is usually a number derived on contractual/anticipated clinical effort, aCFTE is the actual ambulatory effort provided
- Many organizations are not able to review monthly, relying on wRVUs to track production – which is different than “Capacity

Provider Capacity

Month	Template Hours	Schedulable Hours	Scheduled Hours	Arrived Hours
Dec-2017	40,651	20,111	15,904	14,711
Jan-2018	44,390	24,106	19,184	17,732
Feb-2018	38,865	21,228	17,222	15,953
Mar-2018	42,480	22,361	17,981	16,670
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Jun-2018	40,102	22,567	18,184	16,805
Jul-2018	40,491	20,786	17,227	15,941
Aug-2018	43,399	22,771	19,169	17,792
Sep-2018	38,376	21,190	17,862	16,492
Oct-2018	43,992	25,294	21,496	19,911
Nov-2018	39,800	21,620	18,793	17,344
Dec-2018	35,740	20,575	19,426	15,835
Jan-2019	39,935	26,951	25,668	19,297

173.8 aCFTE of 181.5 Provider cCFTEs



Key Capacity Considerations

- Measure Specialists time outside of O/R
- Are NPs/PAs capacity at top of license?
- Critical information for budget season
- It’s not about wRVUs, it’s about time, to help cover staffing, overhead, real estate costs



Giving Providers Reasons to Adopt & Adapt to Change



What Provider's Want

To be Part of the Conversation

- Ability to share insight on the practice
- Understand the access goals of the organization
- Conversations can be individual or grouped

To Have Reasonable Control of Their Day

- Understand baseline clinic data and how it compares
- Where are their outliers and what changes are needed
- Options available to “control” the flow of the day
- Implementation requires NO cheat sheets or memorization

To See the Types of Patients They Want to See

- Academic providers prefer to see a specific subset of patients
- When applicable, templates can be built to accommodate this AND assure that schedules are filled

To Have Full Schedules

- Avoid ups and downs of the typical clinic day
- Implement tactics to improve the schedule fill rate
- Busy while in clinic so does not seep into academic/teaching

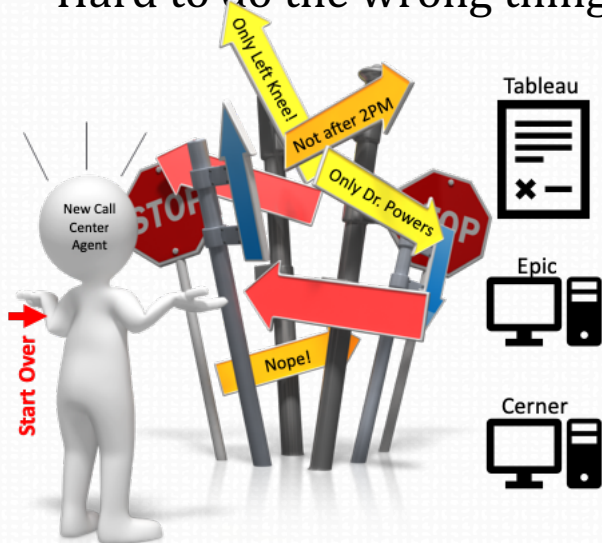


Provider Customization with Standardization

Proactively partner with providers to identify options that can be customized to allow autonomy at the provider level without sacrificing scheduling complexity or accuracy.

Intentionally Design Templates

- Easy to do the right thing
- Hard to do the wrong thing



Provider Customization w/ Schedule Automation

Visit Durations **AUTO**
Placement of Visits **AUTO**
Visit Limits **AUTO**
New/Established Ratios **AUTO**
Session Start/End Time **AUTO**
Green Light Patients **AUTO**
Template Recurrence **AUTO**
Hidden-Release Slots **AUTO**
Reserve w/ Switch **AUTO**

Determine system targets and then design templates to meet that target





OPTIMAL PROJECT APPROACH

1) We Heard you!

Align project to be about improving provider clinic day



3) Access Stories

What are the 4-5 access stories for the organization.



2) Organization Objectives

What are the organizational access targets? (Benchmarkable)



4) Provider Choice

Engage providers to present options to improve clinic day.

Builds the Foundation for Access Optimization and Successful Call Center Consolidation

Management Model that Builds Internal Competencies



Access Improvement Strategy

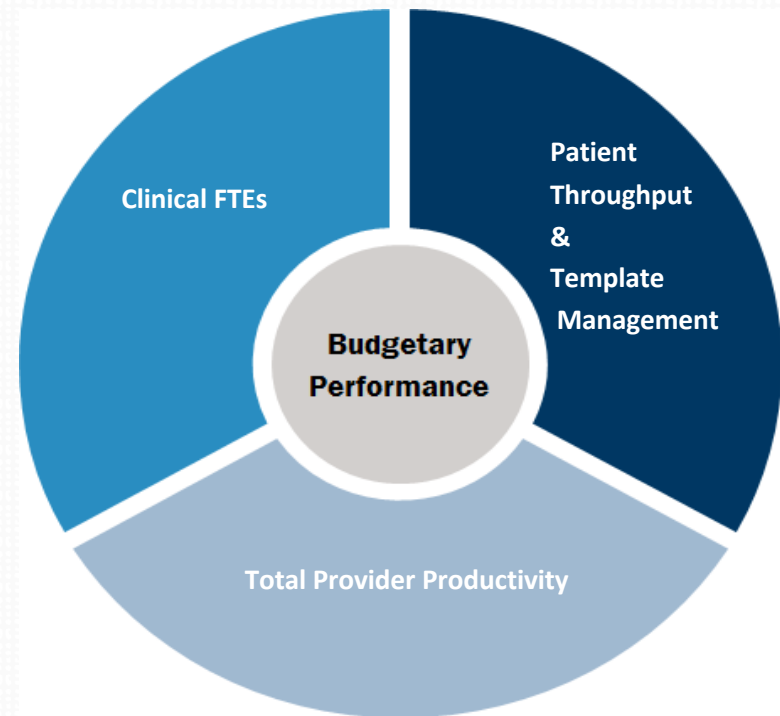
Standards and Expectations

Currently, Access improvements are driven by individual specialties vs. Group-wide expectations

- Many Specialties pursue change focused on internal processes, care models, etc. with varied timing, measurement and impact
- Understanding if the clinical effort budgeted is actually being reflected in the scheduling process
- Designing the means to reflect actual capacities in the budget process

Establish and Communicate Access “Guiding Principles” to create pathway toward budget and strategic growth targets

- Governance to “set the path” for expectations
- Define a core set of Access metrics to report across all Specialties, providers, locations
- Include Access metrics in board materials / agenda
- Evolve Guiding Principles into Access Policies & Procedures
- Position Finance Committees to assist



Access Performance Strategy

Proposed Guiding Principles

Effective October 1, Specialties will initiate efforts toward pursuing these Guiding Principles

Group-wide Expectations	Impact
Specialties will reconcile expected patient contact time (ambulatory) to scheduled templated time	<ul style="list-style-type: none"> ▪ <i>Budgets that tie to the operational capabilities of the Specialty/location/provider team and represented in the Scheduling system</i>
Providers should achieve median productivity performance or higher: <ul style="list-style-type: none"> - Includes AHPs using Care Models - New Hires should achieve median performance after 12 months 	<ul style="list-style-type: none"> ▪ <i>Creates uniform expectations for every service line</i> ▪ <i>Provides additional capacity to improve market share</i> ▪ <i>Helps with defining when and where provider recruitments are necessary / warranted</i>
Specialties will supply the number of ambulatory patient appointments needed to meet budgeted performance*	<ul style="list-style-type: none"> ▪ <i>Develops a new expectation to meet budget and manage supply of services</i> ▪ <i>Can help reduce actual to budget variation</i> ▪ <i>Brings into focus new tactics such as no-shows management & AHPs to top of license use</i>

*In-patient Specialties excluded. Procedural Specialties will apply to O/P ambulatory revenue targets

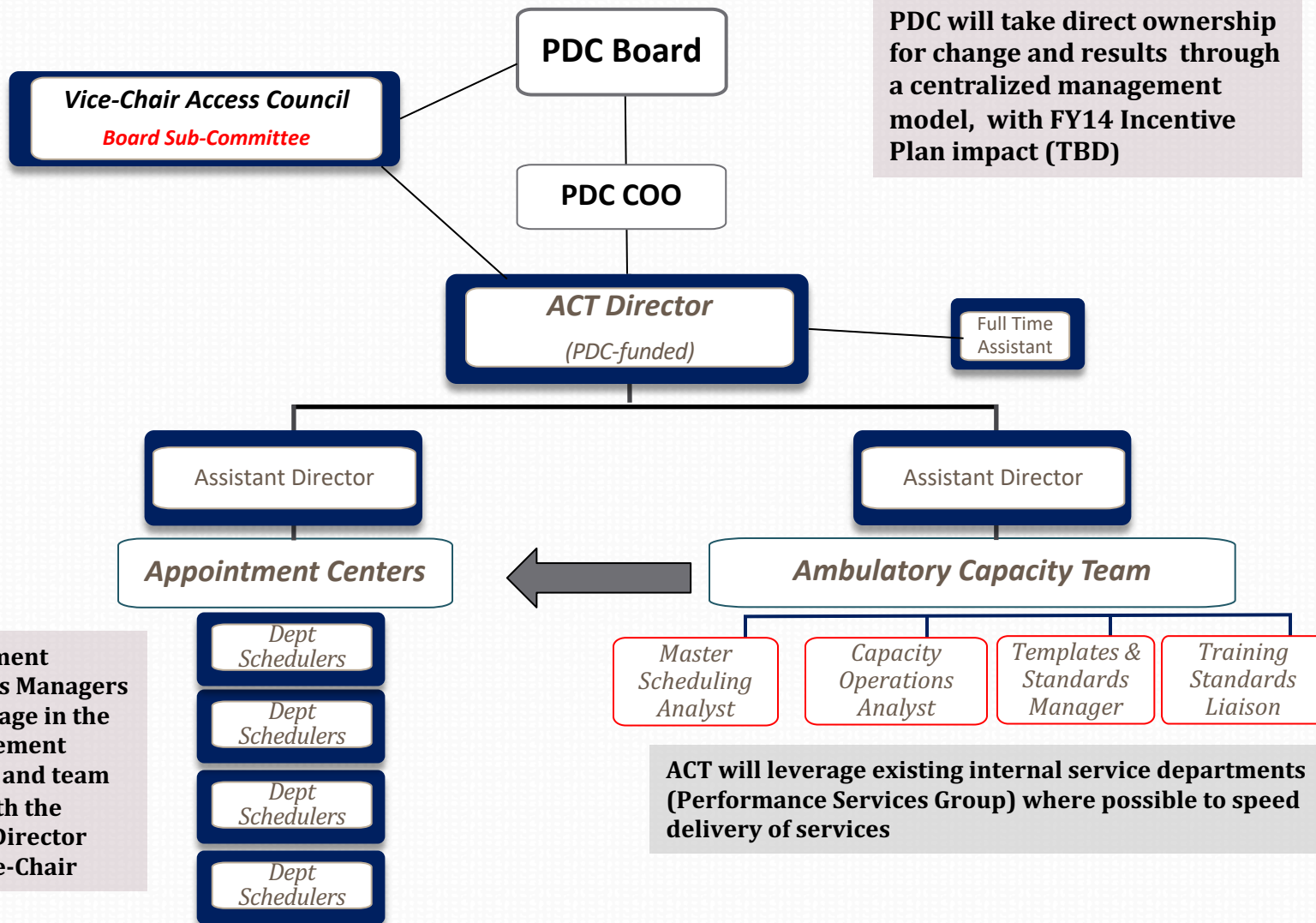


PDC Access Governance Model

Proposed Future Organizational Chart



DukeHealth.org



PDC will take direct ownership for change and results through a centralized management model, with FY14 Incentive Plan impact (TBD)

Department Business Managers will engage in the improvement process and team with both the Access Director and Vice-Chair

ACT will leverage existing internal service departments (Performance Services Group) where possible to speed delivery of services

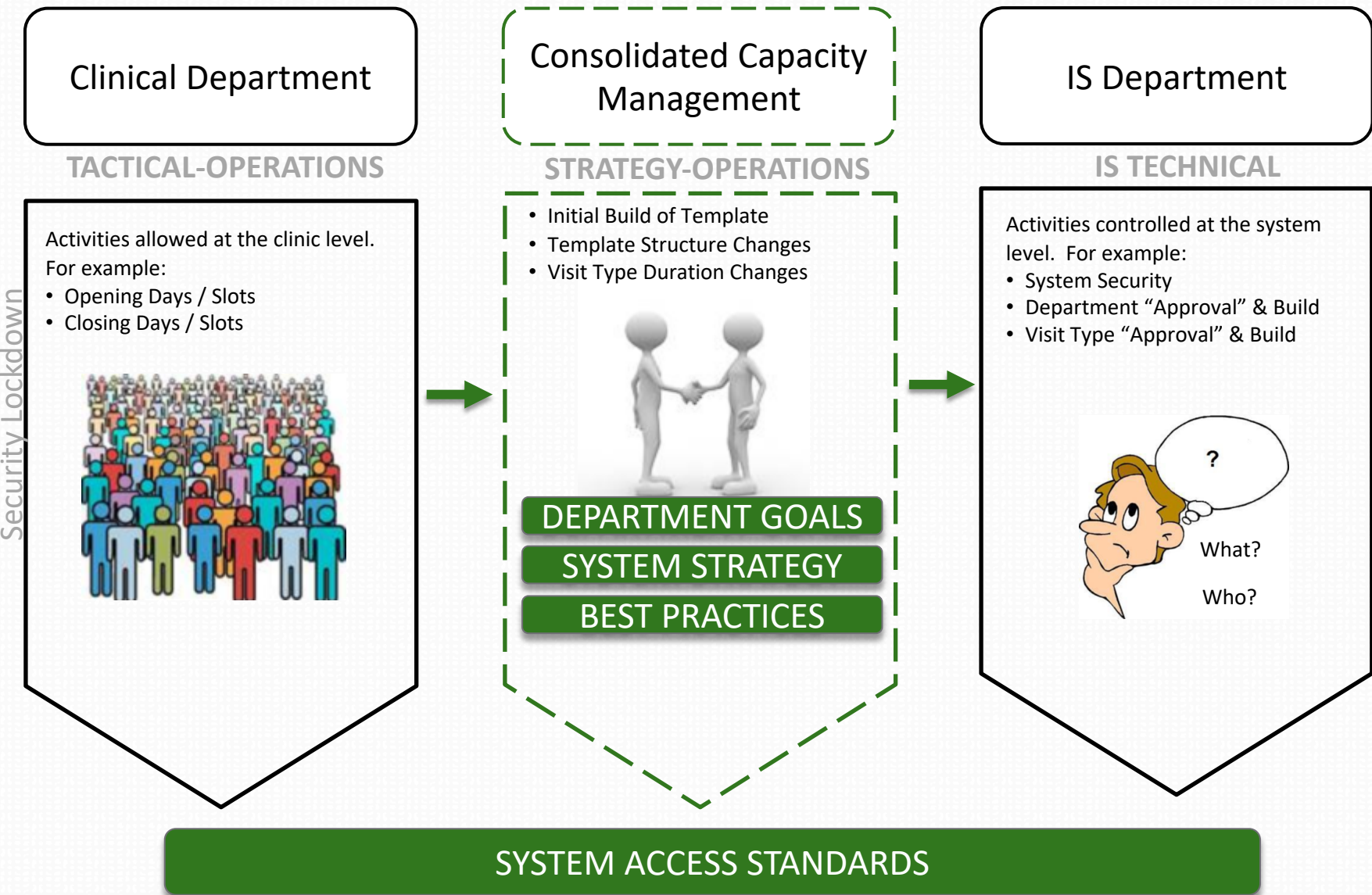
PDC Access Governance

16



Access Performance Strategy

Engagement Across the Organization



Evolving from Dashboard Toward a “Playbook”



STRATEGIC EXECUTION



ORGANIZATIONAL STRATEGY & OBJECTIVES

Measure

Discuss

Hope

Present

Track

Adjust

Hope



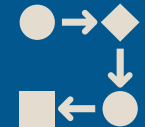
Daily Fires

What do I do Today?

How Can I Make Difference?



OPERATIONAL TACTICS – “GETTING IT DONE”



Today:
Everyone has a
Dashboard

Future:
Digital
Playbooks

“The Alexa for
Access”

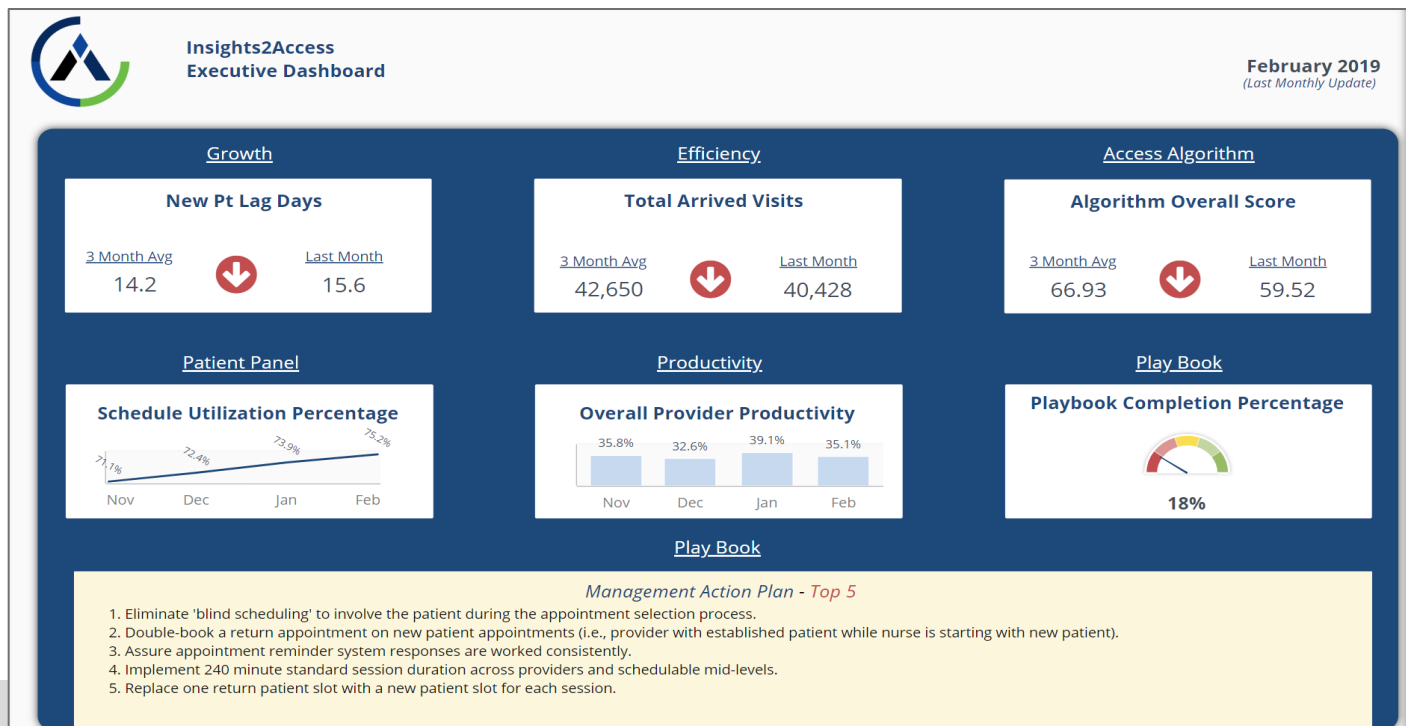


Level 1: Snapshot Overview Access

- Key Questions Answered -

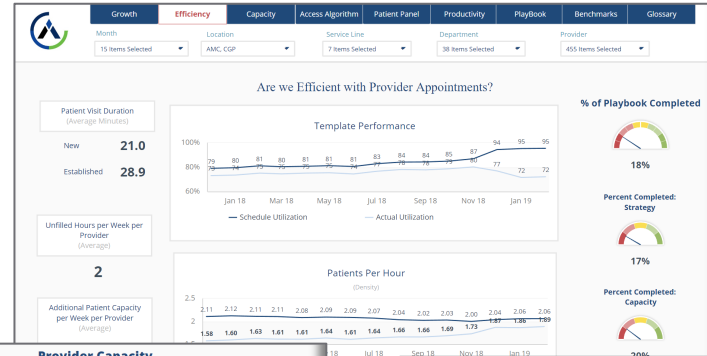
- ✓ Do Patients Have Timely Access to our Services?
- ✓ Are we efficient with Clinic Appointment Time?
- ✓ Are Patient Schedules flexing with Demand?
- ✓ Do we have competitive patient access across our various locations?
- ✓ How do we compare to benchmarks?

“The Alexa
for Access”



Level 2: Drill Down to Providers

Are we Efficient with Provider Appointments?



Template Performance

✓ Actual Utilization and Template Performance

Patient Per Hours

✓ Scheduled and Actual Arrivals per Hour

Patient Visit Duration

✓ New and Established

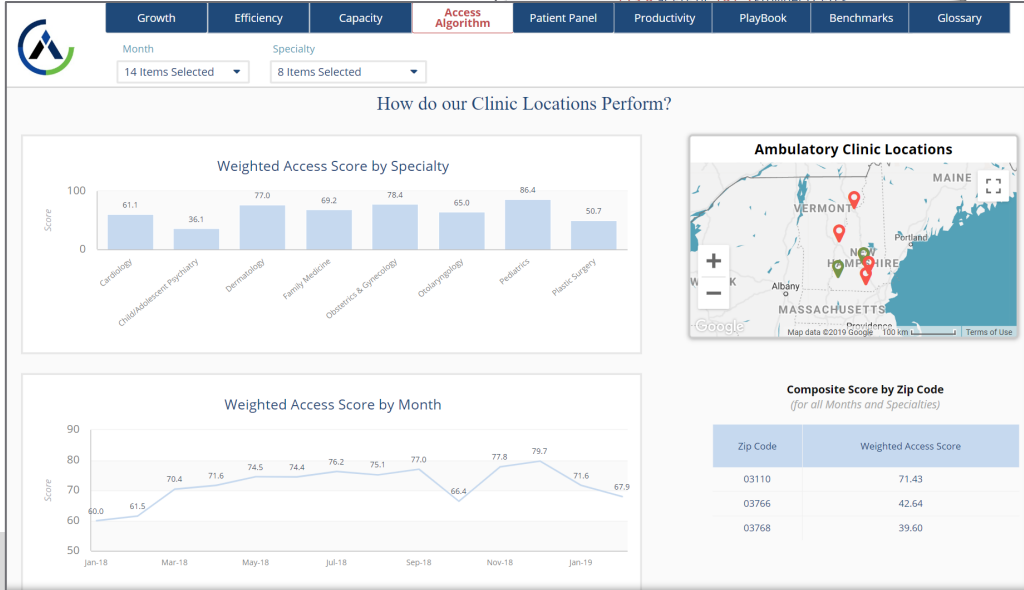
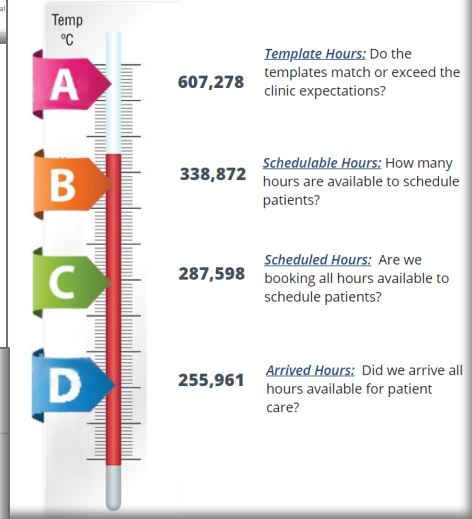
Capacity

✓ Template Performance

✓ aCFTE and cCCFTE evaluation

Provider Capacity

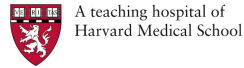
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Level 3: Playbook – The Tactics



Beth Israel Deaconess
Medical Center



A teaching hospital of
Harvard Medical School



ACCESS
ADVISORS

Patient Access Playbook™

Best Practices and Industry Standards

Capacity Management Implementation Check-List

Access Improvement / New Patient Growth / Patient Experience Enhancement Initiative

DIVISION	TARGET DATE	RESPONSIBILITY
ADDITIONAL NOTES		

✓	BEST PRACTICE / INDUSTRY STANDARD	Associated Principle	Go-Live Date	Effort
CAPACITY IMPROVEMENT				
<input type="checkbox"/>	Complete/Validate cFTE analysis by provider.	TD-1		🟢
<input type="checkbox"/>	Remove any system based restrictions/rules placed to limit appointment availability (i.e., “no back-to-back new patients”, etc.)	TD-7		🟢
<input type="checkbox"/>	Eliminate “blind scheduling” to involve the patient during the appointment selection process.	SO-1		🟢
<input type="checkbox"/>	Assure appointment reminder system responses are worked consistently.	SO-8		🟢
<input type="checkbox"/>	Confirm schedule availability is available and bookable a minimum of 6 months and a maximum of 13 months in the future.	TD-12		🟢
<input type="checkbox"/>	Offer next available appointment across providers or when multiple practice locations exist, factoring in patient preferences (i.e., Enterprise Wide Scheduling).	SO-1		🟡
<input type="checkbox"/>	Standardize/Simplify visit type and assure visit type durations accurately reflect the time a provider personally spends with the patient.	TD-8, TD-9		🟡
<input type="checkbox"/>	Double-book a return appointment on new patient appointments (i.e., provider with established patient while nurse is starting with new patient).	SO-4		🟡
<input type="checkbox"/>	Eliminate any blocked, frozen or unavailable slot strategies completely or at least 72 hours prior to clinic to improve access to care.	TD-7		🟡
<input type="checkbox"/>	Implement staggered sessions start-times to improve the patient and provider clinic-flow and eliminate front-desk and MA bottlenecks.	TD-14		🔴
<input type="checkbox"/>	Reserve specific visit type that is reserved for direct scheduling from Care Connection Hotline.			🔴

of Additional New Patients
per Week per Provider to
Meet Benchmark
(Average)

2

Unfilled Hours per Week per
Provider
(Average)

2

Additional Patient Capacity
per Week per Provider
(Average)

6



Tactical Level Benchmarks

Benchmarks at the Provider Level

- ✓ *# of Patients Per Week Needed to Meet RVU Benchmarks*
- ✓ *Provider Visit Durations by Sub-Specialty*
- ✓ *Patients Per Hour*
- ✓ *New Patient %*

Academic Specific Benchmarks



Thanks for your Time Today!



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